



**July 4th**  
**CARE 5K/10K**  
**WALK/RUN**

**ONE ENTRY PER PERSON**

**RACE: (circle one)                      5K Walk/Run                      10K Run**

Registration Entry Fee: \$35

Children 17 and under \$25

Late or Same Day Registration Entry : **T-shirt not guaranteed June 27-July 4<sup>th</sup>**

**\$5 registration increase after 6:00 PM July 3<sup>rd</sup>**

**Please choose your T-shirt (shirts are black unisex sizing)**

**ADULT    XS    S    M    L    XL    2XL**

**YOUTH            S    M    L**

**NO REFUNDS**  
**THIS IS A FUNDRAISER**

I would like to donate \$ \_\_\_\_\_ to CARE.

**Online registration is available until 7:00 A.M. July 4<sup>th</sup> at [www.cableareacare.org](http://www.cableareacare.org)**

Name \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ (circle one) Male/Female

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Local Phone \_\_\_\_\_ Email \_\_\_\_\_

This event is a fundraiser supporting CARE. The Mission of CARE is to make a positive difference in someone's life during a time of need by providing financial support, food, and clothing.

**Waiver:** I enter and run this race certifying that I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with participating in this event including, but not limited to; falls, contact with other participants or spectators, the effects of the weather-including heat or high humidity, traffic or the conditions of the road surface, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act for my behalf, waive and release the CARE organization, town of Cable, and all sponsors of the event, their representatives and successors from all claims or liabilities of any kind of arising out of my participation in this event even though that liability might arise out of the negligence or carelessness on the part of the person named in this waiver.

Signature(parent if under 18) \_\_\_\_\_ Date \_\_\_\_\_

**Send this form to CARE, P.O. Box 92, Cable, WI 54821**

**Online registration at [www.cableareacare.org](http://www.cableareacare.org)**

White Sponsors \$250



Red Sponsor \$1000



Rondeaus



MARK RASMUSSEN  
**EXCAVATING**



**BEAR COUNTRY  
RENTALS**



Roots Vacation Rentals  
*Family Roots Grow on Vacation*



Silver Star  
MARKET  
*stems through's value*



Delivering a lot more than fuel.



**Blue Sponsors \$100**

- Alliance Art Publishing
- Brush & Bucket Painting
- Cable Cafe
- Cable Area Churches
- Chequamagon MTB Festival
- CAMBA

- Drumming Woods B&B
- Frandsen Bank
- H & K Septic
- Kris Rasmussen Logging
- Mogasheen Resort
- Norvado

- Sawmill Saloon
- Redbery Books
- Rivers Eatery
- Ron's Septic
- Sweet Exchange Market
- Timber Point Builders
- Cable Community Farm

**Registration and Bib Pick Up**

Saturday, June 28th 9:00-11:00 am

Thursday, July 3rd 4:00-6:00 PM at the Cable Community Center Cty Rd M

Friday, July 4th from 7:00-8:00 AM at Race Start

**8:00 a.m. Start Downtown Cable**

- The 5K Walk/Run is an out and back race with black top and some gravel fire lane, water stations at the turnaround.
- The 10K Run is an out and back with 2 miles of it on mowed ski trails. There is water station in the woods.
- EVERYONE WILL BE TIMED!! Bibs required!!!

9:15 Awards-CARE DOLLAR Gift Certificates that may be used at our \$250 level sponsors.

AGE GROUPS ARE: 7 AND UNDER, 8-13, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80+